

Family Hub offer

Where can I get families support?

A range of free online courses for all parents, carers, and grandparents
www.inourplace.co.uk using code: STGEORGE If you would like more information contact a Family hub.




Groups and activities available for all families in Doncaster

<p>Family Hubs Services available to all families with a child or young person aged from 0-19 years (25 SEND)</p> <p>Groups and sessions available to all families</p>	<p>Early Days Worker Available to all families in the first 1001 days (From conception to 18 months of age)</p> <p>Key contacts with all families for the first 1001 days.</p>	<p>Perinatal wellbeing Service (Health visiting) antenatal to 1 year</p> <p>To support families with mental wellbeing in the perinatal period</p>	<p>Triple P baby Sessions available to all families from 32 weeks antenatally.</p> <p>To prepare parents for parenthood</p>	<p>Talking together Referrals accepted for children from 1y 11m to 4 years depending on their need. Advice sessions for 0-5years</p> <p>Speech, Language and Communication advice and support</p>	<p>Childcare/funding Childcare support from 0-19 years & 25 years (SEND)</p> <p>Support with childcare funding and finding a childcare setting.</p>
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What is the offer

<p>Family hubs offer a range of activities, services and information for all children, young people families.</p> <p>Family Hub's can support families with access to foodbanks, hygiene and other resource support.</p> <p>Ongoing from conception to 19 years (25 SEND).</p>	<p>Every family has a dedicated Early days worker, who can support from pregnancy to 18 months of age.</p> <p>5 core contacts will be made with the family from conception – 18 months.</p>	<p>Perinatal wellbeing health visitors will offer an additional 6-8 visits to support families Video interactive guidance (VIG), A brief intervention that supports with parent infant attachment</p> <p>6-8 additional visits, more if required within the family home and family hubs.</p>	<p>Triple p baby sessions aim to prepare parents for a positive transition into parenthood and the first year with their baby.</p> <p>8 sessions, delivered from 32 – 36 weeks antenatally.</p>	<p>Universal advice sessions held within Family Hubs which can be accessed without a referral.</p> <p>Advice sessions – one off session Home visits – between 2 and 6 sessions dependant on the needs of the child and family followed by a 3 month review Group sessions – 1 home visit followed by up to 6 group sessions</p>	<p>If a family is struggling to find a suitable childcare provider to meet the needs of their family, Families Information Service can support.</p> <p>As and when required.</p>
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How to access

<p>Call or drop into local Family Hub</p> 	<p>The Early days worker will meet parents at their midwifery appointments. If a family hasn't had contact, they can access by contacting their local Family Hub or speaking to their midwife.</p>	<p>Referrals taken through SPOC named health visitor or Nursery nurse or other professionals involved. GAD7 & PHQ9 above 10 is the referral criteria which will be completed by the health visiting staff on referral. 0300 021 8997.</p>	<p>Speak to your Early Days worker. Contact local Family hub to register interest. For targeted support please refer through to parenting team.</p>	<p>Advice sessions – booked through contacting local Family Hub Targeted intervention – complete the referral forms.</p> 	<p>To make a referral to the childcare brokerage service, contact Families Information Service on: 0800 138 4568 Email: fis@doncaster.gov.uk</p> 
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Groups and activities available for all families in Doncaster

SEND
Information and advice to support children with special educational needs and disabilities aged 0-5.

Support for children with SEND and their families.

Sleep tight workshop
Sleep advice for parents/carers with children over 2 years old

Behavioural and cognitive techniques shared to help parents to adapt night time behaviour.

Hub to Home – Home to Hub
Families with a child aged 0-5 years.

Engagement into universal services by and Early years worker.

Family Peer Partnership (Family Lives)
Families with a child aged 0-5 years.

Peer support to connect with community resources.

Parent Engagement Worker

Families with a child aged 0-5 years.

Level 2/3 Early Help support.

Family Hub Pathway Worker

Families with a child aged 0-5 years.

Level 3 Early Help support.

What is the offer

There are 8 Sensory rooms across the city in Family hubs, which are free to book. The Early Years Inclusion Team (EYIT) for early years children with special educational needs and/or disabilities (SEND). Our comprehensive offer ensures the right support is in place at the right time.

Depending on the needs of the family, up until the child is 5 years old.

Delivered by practitioners trained by The Sleep Charity, Our workshops include :
Understanding sleep cycles.
Common sleep issues and strategies to manage these.
Establishing appropriate routines.
Keeping sleep diaries and interpreting the data.

The course runs for 5 weeks for 1hr 30 minutes.

To work with families not accessing the Family Hub, on a 1-1 basis, where it has been identified that they would benefit from engaging in activities and services. Staff will focus on one of the following themes.
Engagement into a Family Hub.
*Talking to your Baby.
*Bookstart.
*2 Year Funding.

3-4 home visits.

To work with families one-to-one in the home, in family hubs or community venues, online or over the phone. The peer support volunteer will help families build on existing strengths, overcome problems and connect them with wider community resources.

8- 12 weeks.

A Parent Engagement Worker (PEW) will initially support families identified at Level 2/3 on the continuum of need. To do this they will complete an early help assessment, identify the needs of a family and put together a family plan.
PEW's can support families with access to foodbanks, hygiene and other resource support.

Depending on Family plan.

A Family Hub Pathway Worker (FHPW) will support families identified at Level 3 on the continuum of need with 'emerging' complex issues following the graduated response.
FHPW's can support families with access to foodbanks, hygiene and other resource support.

Depending on Family plan.

How to access



Call or drop into local Family Hub.

Families will have been referred by other professionals or made a self-referral and will be a member of the Family Hub.



Family Peer Partnership Doncaster Request for Service for Professional Use.



Through discussion with Family Hub Pathway Lead
Jackie Ward or Natasha Watts or through Mosaic process.

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